



NATIONAL  
ABILITY  
CENTER

# VACATIONS & CAMPS



## DISCOVER THE POSSIBILITIES.

**VACATIONS & CAMPS** at the National Ability Center offer individuals and families (both adults and youth) opportunities to enjoy outdoor recreation over an extended, overnight stay on our beautiful 26-acre facility in our cozy, on-site lodge. Whether you want to spend the week with your significant other or bring the whole family, vacations and camps provide you that opportunity!

Individuals and families will get to spend multiple days exploring all the benefits of adaptive, outdoor recreation. Some activities during your stay may include: skiing, snowboarding, sledge hockey, climbing wall, adaptive horseback riding, swimming, Nordic skiing, and snowshoeing.

Meals, lodging, equipment and instruction are included during your stay in beautiful Park City.

For more information about vacation and camp opportunities, please contact us:

435.649.3991 | [info@DiscoverNAC.org](mailto:info@DiscoverNAC.org)

### HOLIDAY FAMILY VACATION (OVERNIGHT)

Your family deserves a vacation! Get into the spirit of the season with some time on the slopes skiing or snowboarding. Activities also include trying a hand on our climbing wall, participating in our equestrian programs, enjoying an afternoon swim and taking a try at sledge hockey. Open to youth and adults. Meals, lodging, equipment and instruction are included in cost.

Dates: December 16-19, 2012 | Location: Park City, UT  
Cost: \$250 (Financial Scholarships available)  
Ages/Disabilities: All Ages & All Disabilities

### WINTER CAMP X-TREME (OVERNIGHT)

Camp X-Treme is an overnight camp for teens with physical disabilities designed to build confidence and self-esteem. Campers will be swooshing down the mountains on skis or snowboards, trying their hands at our indoor climbing wall, gliding on some Nordic ski tracks and saddling up for a ride in our horseback riding program. Meals, lodging, equipment and instruction are included in cost.

Dates: March 25-29, 2013 | Location: Park City, UT  
Cost: \$500 (Financial Scholarships available)  
Ages/Disabilities: 16-22 / Physical Disabilities